KinderMourn

Dear Parent/Guardian:

KinderMourn, a Charlotte-based non-profit agency which provides counseling services for grieving parents and children, will be offering a **free**, **confidential** grief counseling support group at your child's school. Students who are trying to cope with the death of a family member or friend are eligible to participate. This counseling program, called "Helping the Hurt", has been provided by KinderMourn within the Charlotte-Mecklenburg school system since 1992, and in the Fort Mill school system since Winter 2018.

The support group will be held during a designated class period and will meet for one hour, once a week for eight weeks. As this program has been endorsed by your child's school, absence from class due to this group will be excused. The support group will be led by a master's level KinderMourn grief counselor.

Your child's name was shared as being a student who has experienced the death/s of a loved one and as being someone who might benefit from this opportunity. In order for your child to be considered for this group, a Grief Counseling Support Group Permission Form will need to be completed by you and returned to your child's counselor.

Please note that if your child's school does not have a minimum number of 5 students interested in the counseling group, the group will not be able to be provided. If this occurs, your child's school counselor will provide you with information about KinderMourn's grief counseling services offered at its agency location.

In order for a KinderMourn counselor to meet individually with your child to explore whether or not the group would be a good fit for him/her, please fill out the support group permission form which you have received and return it to your child's counselor as soon as possible.

If you would prefer to complete the permission form electronically, please visit: https://www.kindermourn.org/school-community-outreach and select "Link to KinderMourn's Permission form for its school-based grief counseling support groups."

Again, there is <u>no charge</u> to you or your child's school for this support group. If you have any questions, please feel free to call me at KinderMourn (704-376-2580) or contact your child's school counselor.

For additional information about KinderMourn, feel free to view the agency's website at www.kindermourn.org.

Sincerely,

Alex Bacon

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